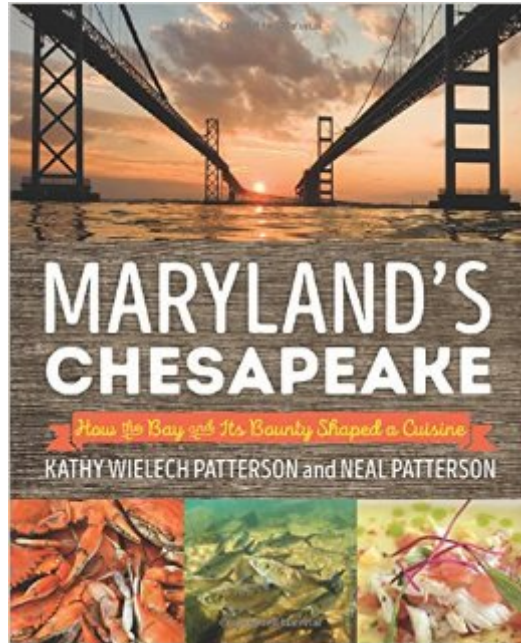


The book was found

Maryland's Chesapeake: How The Bay And Its Bounty Shaped A Cuisine



Synopsis

The culinary heritage of most regions in the US is often determined by the ethnic cuisine of those who settled there, whether it be the Cajun/Creole food of Louisiana or the Italian-inspired fare of the Northeast. For Maryland, the food that defines the state is less about the ethnicity of the population than the bounty which springs forth from the Chesapeake Bay. The Native Americans, British, Germans, and Poles were all influenced by the variety of fish, oysters, clams, crabs, and terrapins that could be harvested from the largest estuary in North America. In addition to seafood, other dishes associated with the region were developed because of the unique lifestyle created by living along the water. The Smith Island cake, for example, was created as a sturdy dessert that fishermen could take aboard ship during their long days fishing the Chesapeake. Also, the wealthy landowners who first arrived in Maryland, seeking elegant dishes for their lavish dinner parties, concocted ingenious uses for the chickens, squirrels, muskrats, and produce available on the fertile lands along the Bay. The book is not just about the past, however. The recent trend of sustainability and eating local has brought about a grassroots effort to preserve the delicate nature of the Chesapeake Bay. Modern techniques such as oyster farming and fishing invasive species to protect the indigenous flora and fauna will be explored. Of course, recipes will be presented to not only illustrate classic dishes that developed over time, but also modern versions created by some of Maryland's top chefs.

Book Information

Paperback: 224 pages

Publisher: Globe Pequot Press (August 1, 2016)

Language: English

ISBN-10: 1493017918

ISBN-13: 978-1493017911

Product Dimensions: 7.5 x 0.5 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #520,287 in Books (See Top 100 in Books) #91 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Middle Atlantic](#) #947 in [Books > Science & Math > Agricultural Sciences > Food Science](#) #3186 in [Books > Cookbooks, Food & Wine > Cooking Education & Reference](#)

Customer Reviews

Within the glossy pages here you'll find a concisely and wittily written wealth of information on the history of the fabled Chesapeake Bay and its legendary seafood. The recipes included feature updated twists on classics along with a full rundown of the basics. They are ambitious and sophisticated, yet clear, straightforward instructions make them accessible to anyone who loves to cook (and eat!) Lots of options, from simple family dinners to impressive company fare. All this and desserts, too! Beautiful photographs and breezy text make you want to try every recipe, it all looks that appealing. This book will be a valued addition to your cookbook collection. It is to mine.

Excellent, insightful window into the importance of and contributions made by the Chesapeake Bay - from an historical, ecological, and culinary viewpoint. Beautiful photography and excellent recipes [ranging from the simple and earthy to the elegant] from esteemed local chefs. I am now purchasing a copy for my adventurous cooking son who loves the bay. Thank you, Kathy and Neal! A labor of love.

A beautiful and sumptuous (and delicious) publication, not to be read on an empty stomach. The Pattersons explore a region and a culture through local recipes, histories, and their own insightful observations accompanied by gorgeous photography. Makes an exceptional gift - buy one for yourself and another for a friend!

[Download to continue reading...](#)

Maryland's Chesapeake: How the Bay and Its Bounty Shaped a Cuisine The Princess and her Bounty Hunter: Alien Romance (Fated to the Alien: The Psychic Matchmaker Book 2) Mid-Atlantic Gardener's Handbook: Your Complete Guide: Select, Plan, Plant, Maintain, Problem-Solve - Delaware, Maryland, New Jersey, New York, Pennsylvania, Virginia, West Virginia, Washington D.C. Men's Lacrosse in Maryland: (Sports) Minecraft: Diary of a Minecraft Bounty Hunter 5 (Mission 2 Team Grieferz Part 5) (Minecraft Books, Minecraft Herobrine Mods) MINECRAFT: Diary of a Minecraft Bounty Hunter 1 ((Mission 1 Part 1)) Minecraft: Diary of a Minecraft Bounty Hunter Box Set 1-11 (Mission 1 Part 1) Bounty of the Heart Bounty: Fury Riders MC Smoke Signals (Book 7 out of 10): The Supernatural Bounty Hunter Files Up in Smoke (Book 6 of 10): The Supernatural Bounty Hunter Files Sleisenger and Fordtran's Gastrointestinal and Liver Disease Review and Assessment (Sleisenger and Fordtrans Gastrointestinal and Liver) Fierce & Ruthless Ancient Warriors That Shaped History: Their Greatest Moments and Violent History (Aztec, Assassin, Vikings, Hawaiian History, Book 1) Most Fierce Ruthless Warriors That Shaped History: Ancient Aztec Eagle Warriors: Mesoamerica's Spartans and Their Finest Hour Witness to the Revolution: Radicals, Resisters,

Vets, Hippies, and the Year America Lost Its Mind and Found Its Soul Eat Fat and Get Thin, Fit, and Healthier Than Ever Before!: Easy Diet and Delicious Cookbook: Recipes for Dramatic and Sustainable Weight Loss (Includes 21 Day Meal Plan) Best Plants for New Mexico Gardens and Landscapes: Keyed to Cities and Regions in New Mexico and Adjacent Areas, Revised and Expanded Edition Amino Acids: The Way to Health and Wellness: Find Health and Healing from Depression, Addictions, Obesity, Anxiety, Sexual Issues, and Fill Nutritional Needs of Vegetarian and Vegan Diets Die-cutting and Tooling: A guide to the manufacture and use of cutting, embossing and foiling dies, anvils and cylinders The Complete Book of Essential Oils and Aromatherapy: Over 800 Natural, Nontoxic, and Fragrant Recipes to Create Health, Beauty, and Safe Home and Work Environments

[Dmca](#)